

# DEMENTIA CAREGIVING IN CUYAHOGA COUNTY

CCBH

**Dementia** is a general term for loss of memory and other thinking abilities that are severe enough to interfere with daily life.

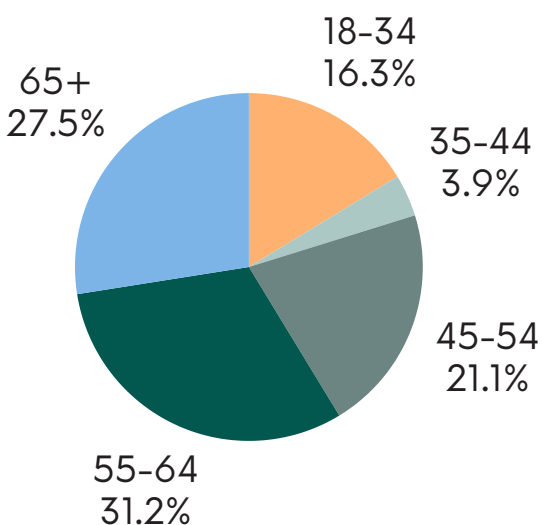
**Dementia caregivers** are adults who provide regular care or help to a friend or family member with Alzheimer's disease or another type of dementia.



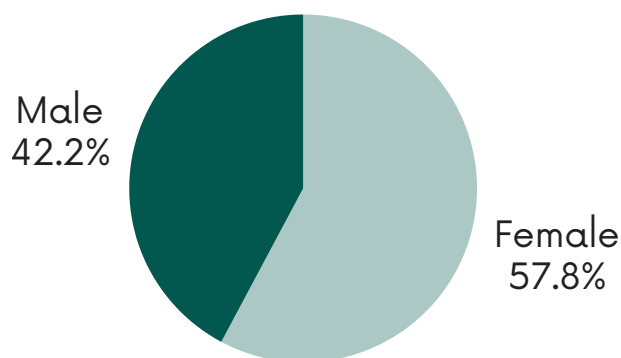
**1 IN 5**

20.7% of caregivers are providing care to someone with dementia

Dementia Caregivers by Age



Dementia Caregivers by Gender



Mental Health of Dementia Caregivers



**19.8%**

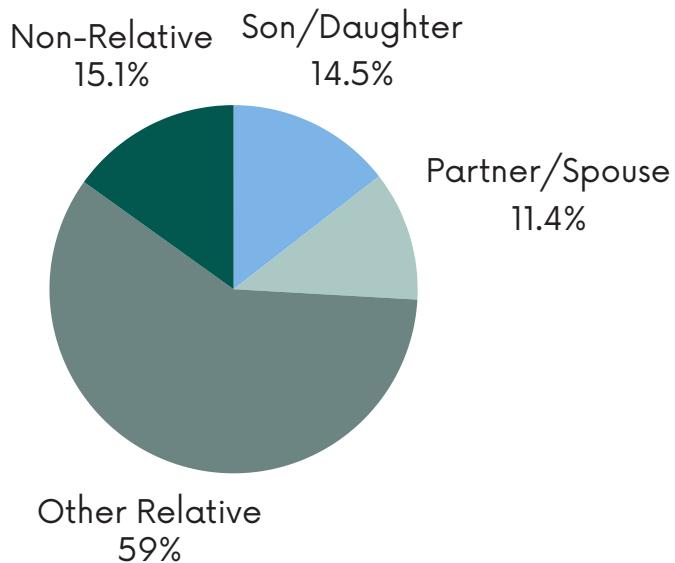
Poor mental health



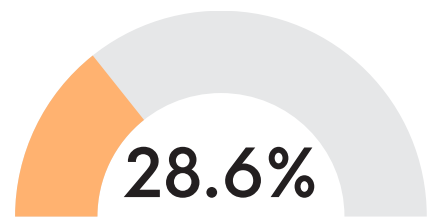
**20.2%**

A history of depression

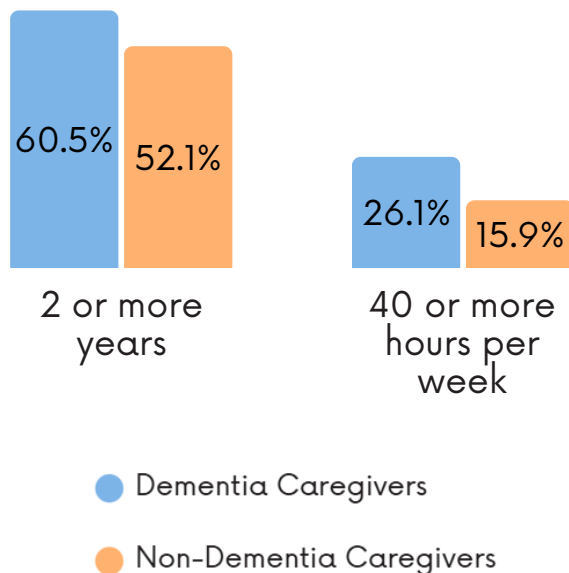
### Care Recipient Relationship to Caregiver



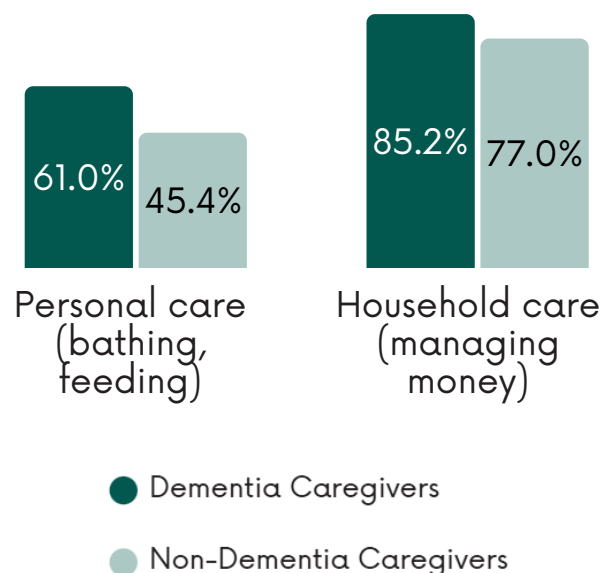
More than 1 in 4 dementia caregivers are also caring for a child



### Length of Care Provided



### Type of Care Provided



### DATA SOURCE

2019-2023 Ohio Behavioral Risk Factor Surveillance System, Ohio Department of Health, 2025.

This fact sheet was developed in collaboration with partners representing the following organizations: Alzheimer's Association Cleveland Area Chapter, Benjamin Rose Institute on Aging, Better Health Partnership, Cleveland Alzheimer's Disease Research Center, Community Partnership on Aging, Cuyahoga County Board of Health, Cuyahoga County Division of Senior and Adult Services, and Western Reserve Area Agency on Aging.