

# SUBJECTIVE COGNITIVE DECLINE IN CUYAHOGA COUNTY

CCBH

**Subjective cognitive decline** (SCD) is self-reported memory problems that have been getting worse over the past year.

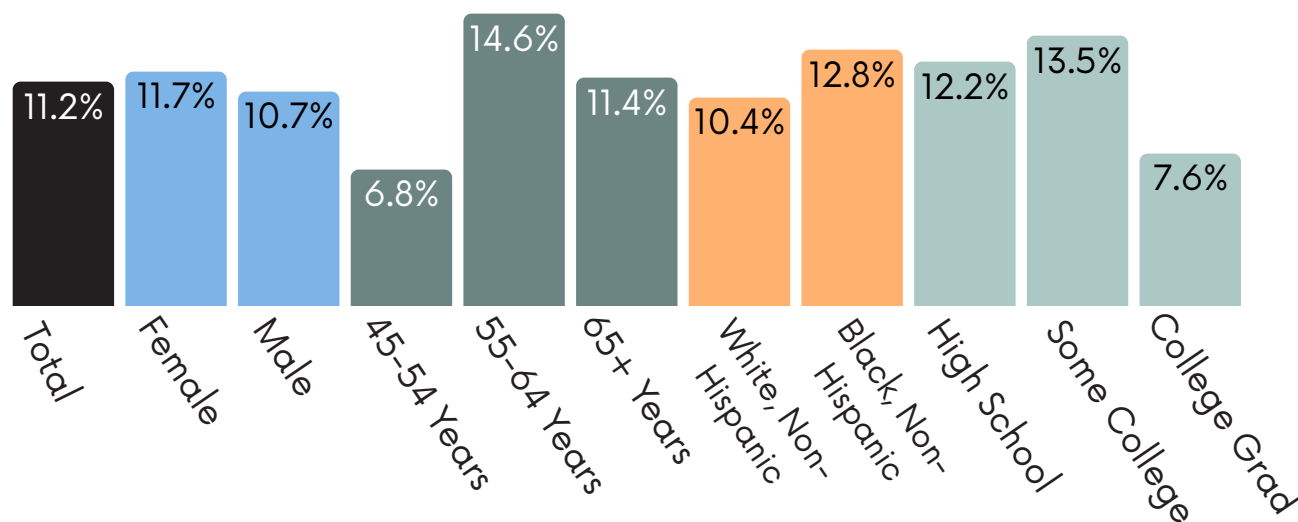
SCD is often one of the early signs of Alzheimer's disease and other dementias.



**1 IN 9**

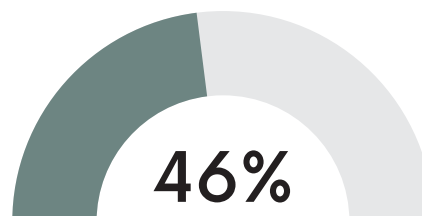
11.2% of people aged 45 and older report experiencing SCD

Percent of people aged 45 and older with SCD\*

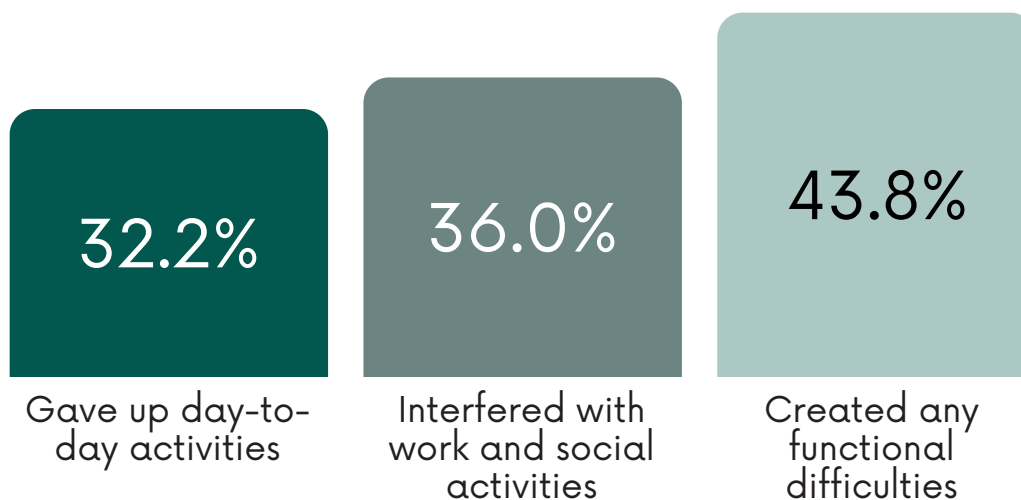


\*Not all breakout values are available due to data suppression rules.

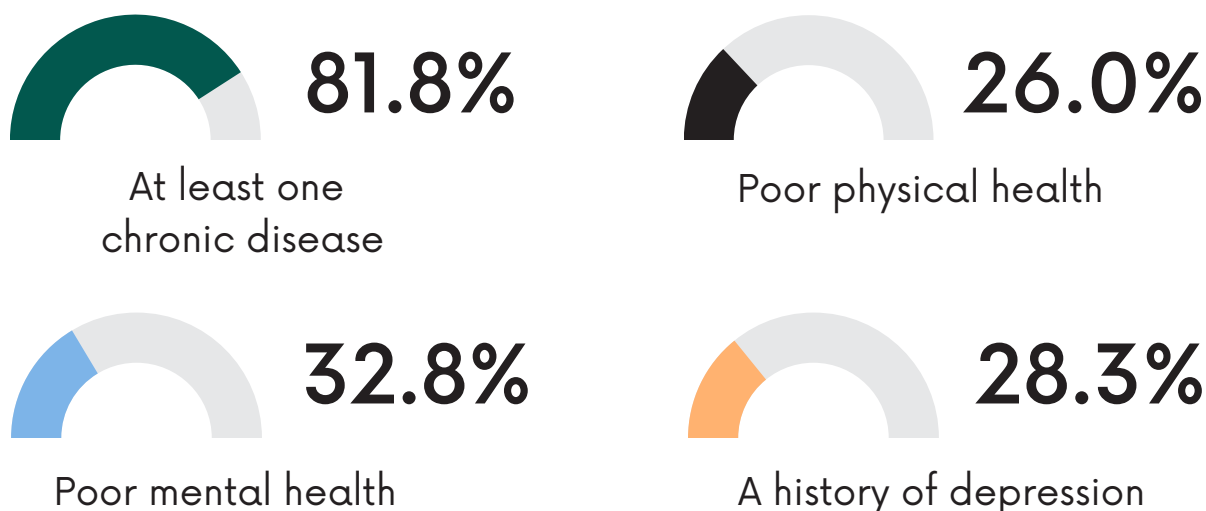
Nearly half of people aged 45 and older with SCD have **not** discussed their symptoms with a health care provider



## Percent of people aged 45 and older with SCD who say it created difficulties and burden



## Percent of people aged 45 and older with SCD who have other health problems



### DATA SOURCE

2019-2023 Ohio Behavioral Risk Factor Surveillance System, Ohio Department of Health, 2025.

This fact sheet was developed in collaboration with partners representing the following organizations: Alzheimer's Association Cleveland Area Chapter, Benjamin Rose Institute on Aging, Better Health Partnership, Cleveland Alzheimer's Disease Research Center, Community Partnership on Aging, Cuyahoga County Board of Health, Cuyahoga County Division of Senior and Adult Services, and Western Reserve Area Agency on Aging.