

# MONKEYPOX



Monkeypox (MPX) is a viral illness circulating in the U.S. and Cuyahoga County. Though the current risk to the general public is low, anyone can get MPX—regardless of sexual orientation. It's important to know the signs and symptoms of MPX to keep yourself and others safe.

## How is it spread?

### TOUCHING

Skin-to-skin contact like hugging, kissing, and sexual activity with someone who has a rash or scabs from MPX. Though it can spread during sex, MPX is not a sexually transmitted infection.



### SHARING ITEMS

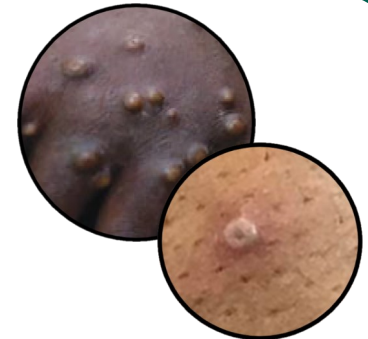
Sharing things like clothing, bedding and towels used by someone with MPX.

MPX can also spread through close interactions like coughing or talking for prolonged periods of time, mainly when living with or caring for someone with symptoms.

## What are the symptoms?



- May have **flu-like symptoms**, like fever, body aches, chills, exhaustion.
- **Rash** is common and is infectious until scabs are fully healed.
- Symptoms can appear **5-21 days after being exposed** to MPX.



## How can I prevent MPX?

If you are ill, isolate at home and contact your doctor.

Avoid close contact (including sex) with people who are sick or have a rash.

Avoid sharing towels, bedding, clothes, cups and utensils with people who have symptoms. Clean and disinfect items before use.

Vaccine is available for people of any sexual orientation who meet risk and exposure guidelines

Vaccine is not recommended if you have MPX symptoms or have tested positive.

Talk to your provider or scan the QR code to register for an appointment at CCBH.

