

CUYAHOGA COUNTY BOARD OF HEALTH

YOUR TRUSTED SOURCE FOR PUBLIC HEALTH INFORMATION

COVID-19 GOING TO AND FROM THE HOSPITAL

Most people with COVID-19 will have mild illness. Some people may have difficulty breathing. Serious health problems may start during the second week of feeling ill. Symptoms may get worse quickly.

People with the following are at risk of serious health problems:

- Sickle cell disease or on blood thinners
- Kidney failure or receiving dialysis
- Liver failure, cirrhosis or hepatitis
- Cancer treatment (chemotherapy or radiation), organ or bone marrow transplant, taking steroid medications, or HIV/AIDS
- Current or recent pregnancy in the last two weeks
- Diabetes
- Congenital heart disease, congestive heart failure, or coronary artery disease
- Asthma, chronic bronchitis, emphysema, or sarcoidosis
- Cerebral palsy, stroke, or spinal cord injury

If you need to seek medical care, follow this guidance going to and coming from the hospital.

- **Going to the Hospital**
 - *Call 911, if you have difficulty breathing or for any other medical emergency.*
 - Notify emergency services that you have been exposed to COVID-19.
 - Provide EMS a copy of the green 'Home Quarantine' form when they arrive.
 - *If it is not an emergency:*
 - Call your healthcare provider or the 24/7 COVID-19 hotline (216-299-1750) for guidance.
 - If you have a car, decide if you can safely drive yourself.
 - Do not go to the hospital without someone calling first.
- **Leaving the Hospital**
 - You may still be able to get other people sick.
 - Do not stop at other locations. Travel to the location where you will stay.
- **If Someone Else Drives You:**
 - Travel only by private car (no Lyft, Uber, taxi or public transportation).
 - Sit as far away from the driver of the car.
 - Both the driver and you should wear gloves and surgical masks over the mouth and nose (if you have any).
 - Only the driver and you should be in the car; no other passengers.
- **Cleaning the Car**
 - Do not touch surfaces or handles in the car.
 - Clean surfaces and handles after leaving.
 - Once cleaning is complete wash hands.

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