



Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_ Site: \_\_\_\_\_

RISK AWARENESS

Knowledge Awareness:

- Have you ever been tested before?
• What have you heard about HIV?
o ...about how people can get HIV?
o ...about how people can avoid HIV?

Significance to Self:

- What is the reason for getting tested for HIV?
• What if your testing is positive?
• If negative, how will you continue to remain so?

Cost / Benefits Analysis:

- What's working for you with what you are doing now?
• What are you doing now that you would like to change?
• What is the hardest (most difficult) part of changing?
• What might be good about changing?

Capacity Building:

- What will be the most difficult part of this for you?
• How have you handled a similar situation in the past?
• What will you need to do differently?
• When will you do this? What words will you use?

RISK PERCEPTION

Client: (high) 5 4 3 2 1 (low)
Counselor: (high) 5 4 3 2 1 (low)

RISK REDUCTION PLAN

- Plan Process: 1. List steps client is willing to take to reduce risk.
2. Clarify cost and benefits of the plan and adjust as needed.

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RISK REDUCTION STRATEGIES

- Talk to a medical provider about PrEP
□ Try to limit number of partners
□ Ask current or future partner(s) to be tested (a partner who respects you will get tested)
□ Use condoms (or try to increase the frequency of condom use.)
□ Get to know future partners better before having sex
□ Ask partners about sexual history (ex. have you ever had a sexually transmitted disease?)
□ Don't have sex when your judgment could be impaired. (ex. with use of alcohol or drugs)
□ Try not to share drug equipment

EDUCATION, PREVENTION & FOLLOW-UP

Materials Given: □ HIV/STI Info □ ESL HIV/STI Materials □ PrEP Info □ Dental Dams/Misc.
□ Condoms □ Receptive "Female" Condoms □ Lube □ Demonstration

Follow-up Card Given: □ Yes □ No Referral Made: □ Yes □ No

Retest Recommended: □ Yes □ No Retest Date: \_\_\_/\_\_\_/\_\_\_

Counselor Name: \_\_\_\_\_ #: \_\_\_\_\_

HIV Antibody Test Results\*: \_\_\_\_\_

\*A negative HIV test result does not exclude the possibility of infection with HIV due to the window period.