Wash Hands Often!

It’s the best way to stop the spread of disease!

Wash your hands for 20 seconds with hot soapy water!

Before:
○ Your shift begins
○ Handling Food
○ Putting on clean gloves

After:
○ Using the toilet
○ Handling raw foods
○ Taking a break/smoking
○ Coughing, sneezing, eating, drinking
○ Cleaning/taking out trash
○ As often as necessary to remove soil and contamination