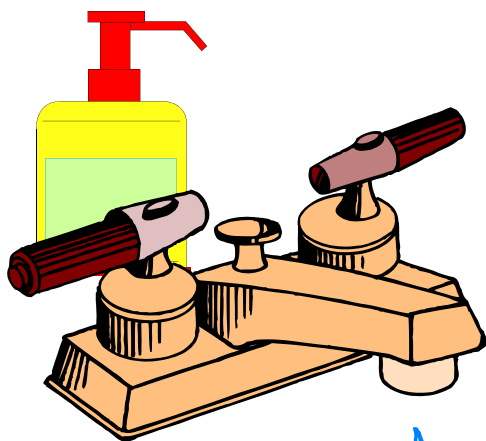


# Wash Hands Often!

It's the best way to **stop** the spread of **disease!**



**Wash your hands for 20 seconds with hot soapy water!**



## **Before:**

- Your shift begins
- Handling Food
- Putting on clean gloves

## **After:**

- Using the toilet
- Handling raw foods
- Taking a break/smoking
- Coughing, sneezing, eating, drinking
- Cleaning/taking out trash
- As often as necessary to remove soil and contamination

CUYAHOGA COUNTY  
BOARD OF HEALTH

YOUR TRUSTED SOURCE FOR PUBLIC HEALTH INFORMATION

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FOOD SAFETY PROGRAM  
(216) 201-2000