



WEEKLY INFLUENZA SURVEILLANCE REPORT

December 14 - December 20, 2014 (MMWR Week 51)

Highlights

Local flu activity remains ‘very high’ for this week. The local activity rating scale definition has been revised. The guidelines are here: <http://www.ccbh.net/flu-weekly-surveillance-report/>

6 flu related deaths so far this flu season. Pneumonia related deaths accounted for 4.9% of all deaths.

117 confirmed cases of flu associated hospitalizations were reported this week and 226 reported cases for week 50.

Almost 400 emergency room visits due to flu like illness this week; 9th straight week total was above the 5-year median.

Percentage of doctor’s visits for flu like symptoms provided by athenahealth increased for this week.

Local Flu Activity Dashboard (All data are preliminary and may change as updated information are received.)

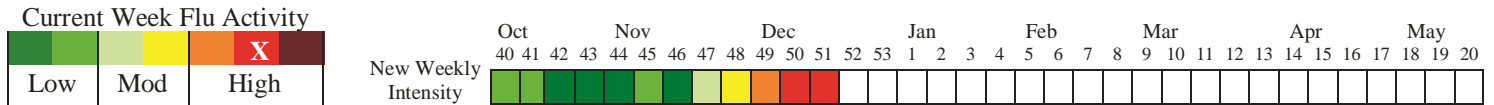


Table 1. Cuyahoga County Influenza Data Dashboard

Influenza (Flu) Indicator	Current Activity Level	Activity Compared to Last Week	# Weeks ¹²³	2014-2015 Season Total/Trend
Percent of pneumonia deaths & number of flu related deaths - [Fig 1]	Pneumonia: 4.9% Flu: 3 deaths	14.0% +3	● 1 ▲ 2	Slightly below 5 year median 6 flu deaths this season.
Influenza like illness (ILI) doctor visits [Fig 2]	Cuyahoga: 3.19% athenahealth: 3.20%	(56.0%) 73.9%	▼ 1 ▲ 2	athenahealth ILI visits up since week 43.
Flu associated hospitalizations [Fig 3]	117	(109)	▼ 2	N=641; sig more than 5 yr mdn
School absenteeism due to ILLNESS ONLY - [Fig 4A]	Cleveland: N/A Northeast: 5.0% Northwest: 9.6% Southeast: 3.3% Southwest: 7.7%	N/A (10.7%) 80.6% (23.4%) 51.6%	N/A ● 1 ▲ 2 ▼ 1 ▲ 3	All locations trending higher in the past four weeks and starting to trend higher than the 5 year median.
School absenteeism due to ALL CAUSES - [Fig 4B]	Northeast: 4.1% Northwest: 7.7% Southeast: N/A Southwest: N/A Sentinel: 6.4%	N/A 60.4% N/A N/A 1.6%	N/A ▲ 1 N/A N/A ● 1	All locations trending below 5 year median.
Emergency room visit due to ILI [Fig 5]	5.0%	(16.7%)	▼ 1	Well above 5 year median.
Sales of over-the-counter medications used to treat ILI. [Fig 6]	606	17.0%	▲ 4	Above 5 yr median. Avg ~ 388
Congestion & cough complaints [Fig 8]	1486	4.5%	● 1	Near 3 yr median. Avg ~ 850
Vomiting & nausea complaints [Fig 9]	840	9.4%	● 2	Above 3 yr median. Avg ~ 635
Diarrhea complaints [Fig 10]	280	37.3%	▲ 1	Above 3 yr median. Avg ~ 175

¹Due to small percentages in figures 1-2, 4A, & 4B, caution should be used while interpreting the ‘Activity Compared to Last Week’ box.

²For figures 1,2,4a & 4b, ▲ = (Increase ≥ 20%), ▼ = (Decrease ≥ -20%), ● = Stable (-19.9% to +19.9%)

³For figures 5-6 & 8-10, ▲ = (Increase ≥ 10%), ▼ = (Decrease ≥ -10%), ● = Stable (-9.9% to +9.9%)



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December 14 - December 20, 2014 (MMWR Week 51)

Flu Summary

This report is intended to provide an overview of influenza related activity occurring in Cuyahoga County while providing some information on state activity that is one week behind the current week. It will be published on a weekly basis and can be found at the following website: <http://www.ccbh.net/flu-weekly-surveillance-report/>

Note: Data are provisional and subject to change. Updates will be included in future reports.

Pneumonia and Influenza (P&I) Mortality

4.9% of all deaths reported to the Cleveland Bureau of Vital Statistics were due to pneumonia. Adults 75 years old and older accounted for 57.1% of the pneumonia related deaths. Three influenza related deaths occurred this week (**Figure 1**).

Influenza-Like Illness (ILI) Reports

One ILI sentinel provider reported 3.19% of patients had ILI symptoms this week. Athenahealth reported that 3.20% of patients had flu-like symptoms this week and 1.84% for week 50 (**Figure 2**). ILI is defined as a fever ($\geq 100^{\circ}$ F), and cough and/or sore throat.

Influenza-Associated Hospitalizations and Influenza-Associated Pediatric Mortality

One hundred seventeen confirmed cases of influenza-associated hospitalization in Cuyahoga County were reported this week, 226 cases for week 50, and 151 cases for week 49 (**Figure 3**). Five hundred twenty nine statewide confirmed influenza associated hospitalizations in week 50. Two statewide pediatric flu related deaths occurred in this flu season.

School Absenteeism

Participating schools in Cuyahoga County reported the percentage (median = 7.6%) of absenteeism *due to any illness* on Tuesday (**Figure 4A**). **Figure 4B** shows the total absenteeism *due to any reason* (median = 7.7%).

Emergency Department (ED) visits and Over-the-Counter Medication Sales

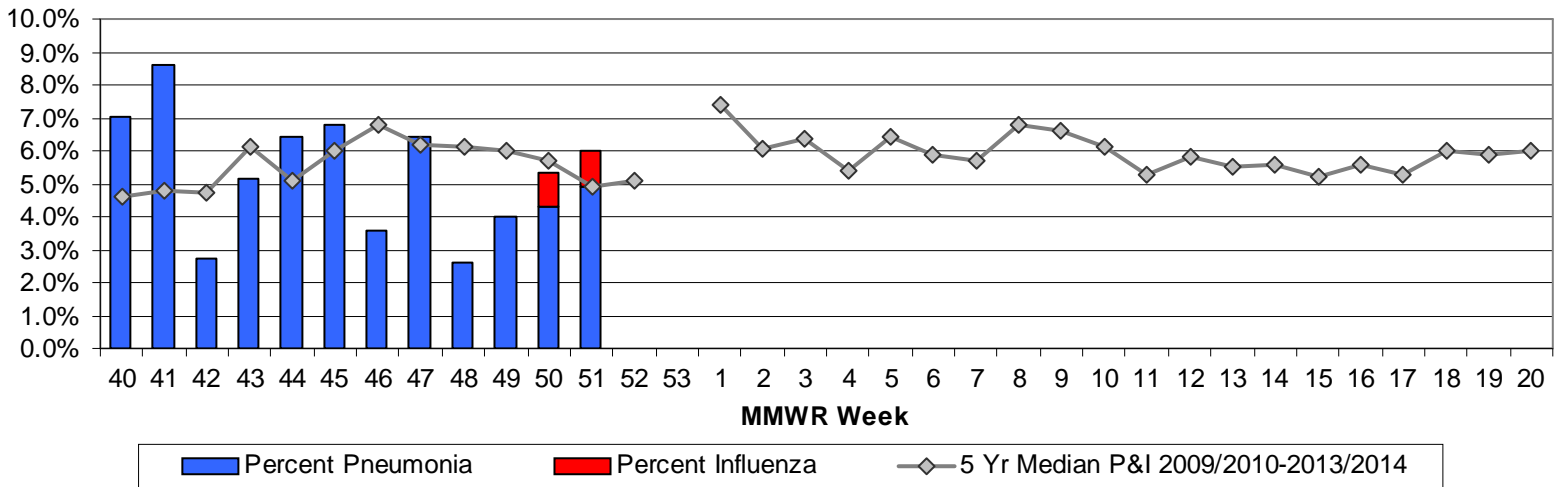
5.0% of all ED visits were for fever + ILI symptoms. Approximately 240 more patients visited EDs for fever and ILI symptoms this year compared to 2013 (**Figure 5**). **Figure 6** shows approximately 390 more OTC products per drugstore were purchased this year than in the same period in 2013.

Descriptions of data sources used to complete the weekly influenza write-up can be found on the last page of this report.

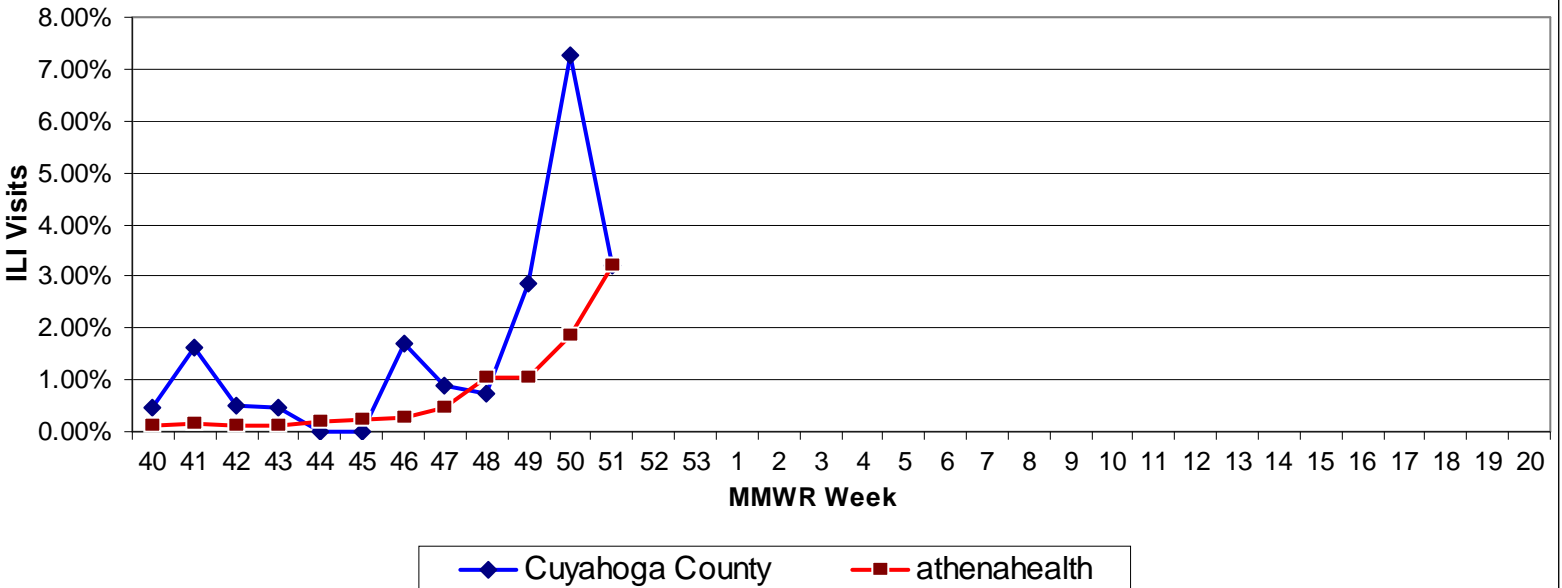
Additional Influenza Activity Links

- Weekly U.S. Influenza Surveillance Report – <http://www.cdc.gov/flu/weekly>
- Ohio Influenza Surveillance – <http://www.odh.ohio.gov/features/odhfeatures/seasflu/ohfluactivity.aspx>
- Google flu trends – <http://www.google.org/flutrends>

**Figure 1. Percentage of Deaths Due to Pneumonia and Influenza (P&I)
Cleveland Bureau of Vital Statistics**



**Figure 2. Percent of Influenza-Like Illness (ILI) Visits U.S. Influenza Sentinel
Provider Surveillance Network and ILI visits data via athenahealth**



**Figure 3. Number of Influenza-Associated Hospitalizations in
Cuyahoga County (using event date)**

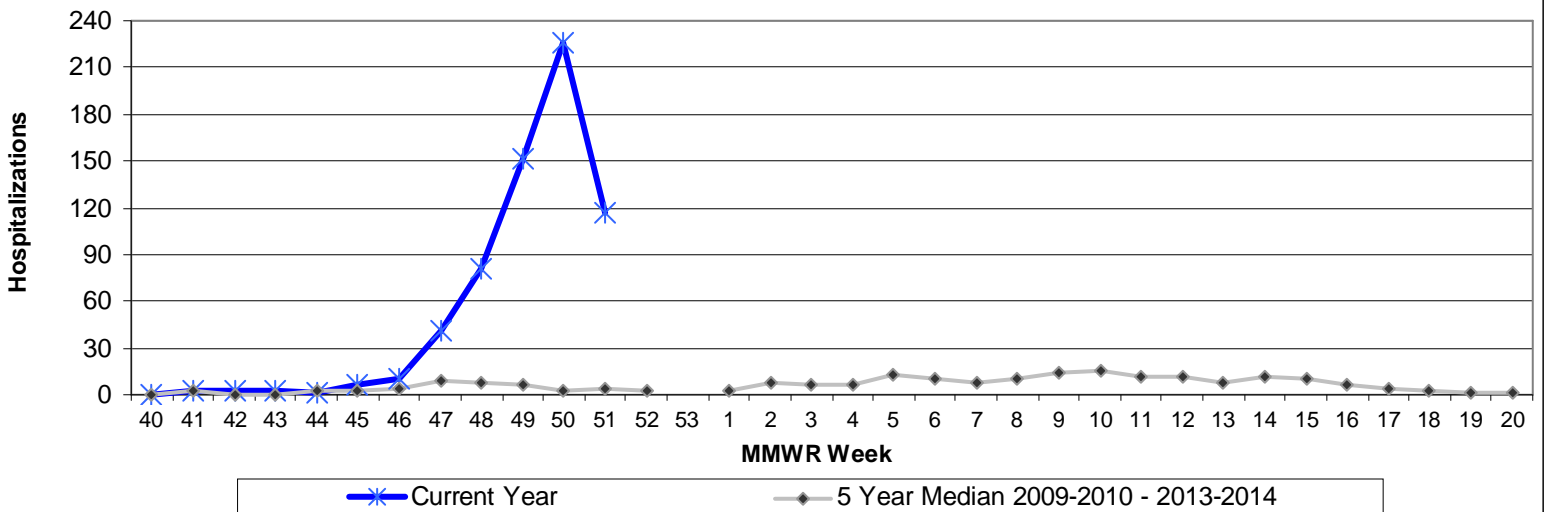


Figure 4a. School Absenteeism (Due to any Illness) in Cuyahoga County

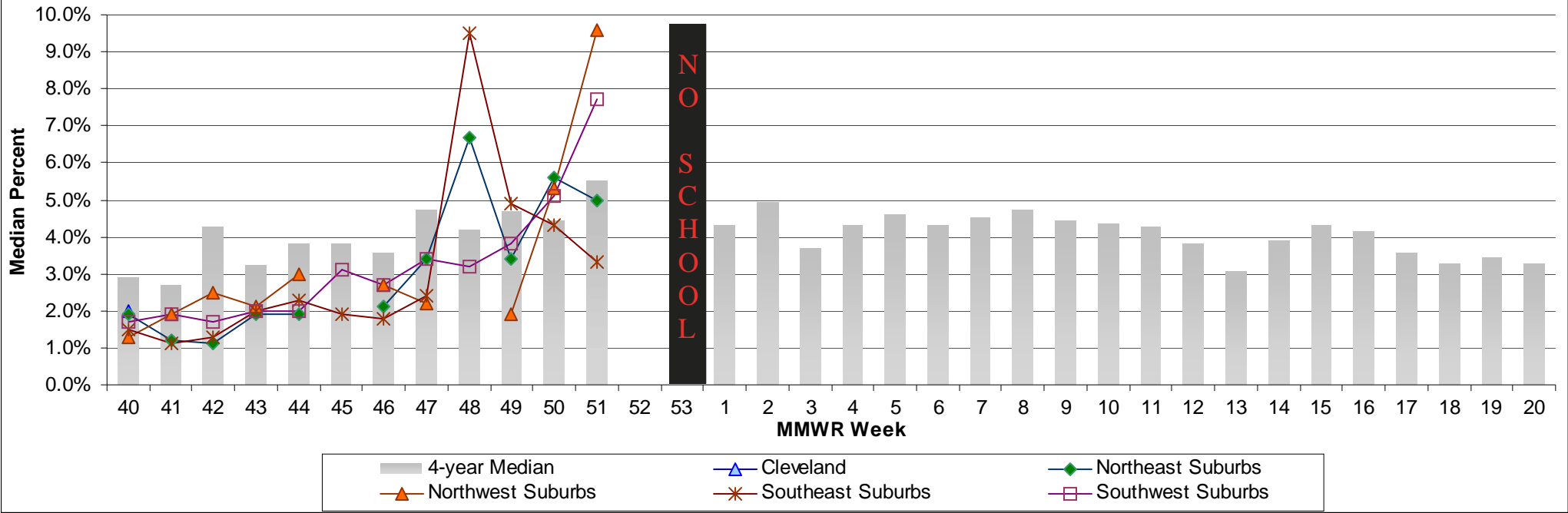


Figure 4b. School Absenteeism (Due to any Reason) in Cuyahoga County

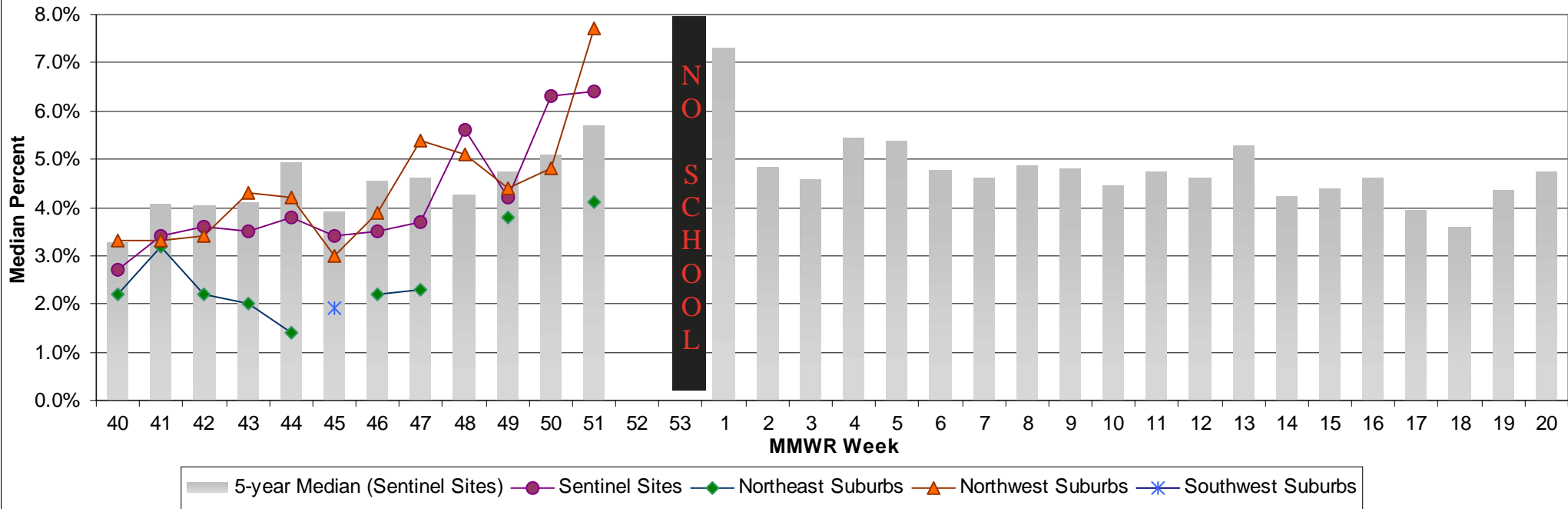


Figure 5. Cuyahoga County Hospital ED Visits for ILI & Fever Symptoms by Age Group

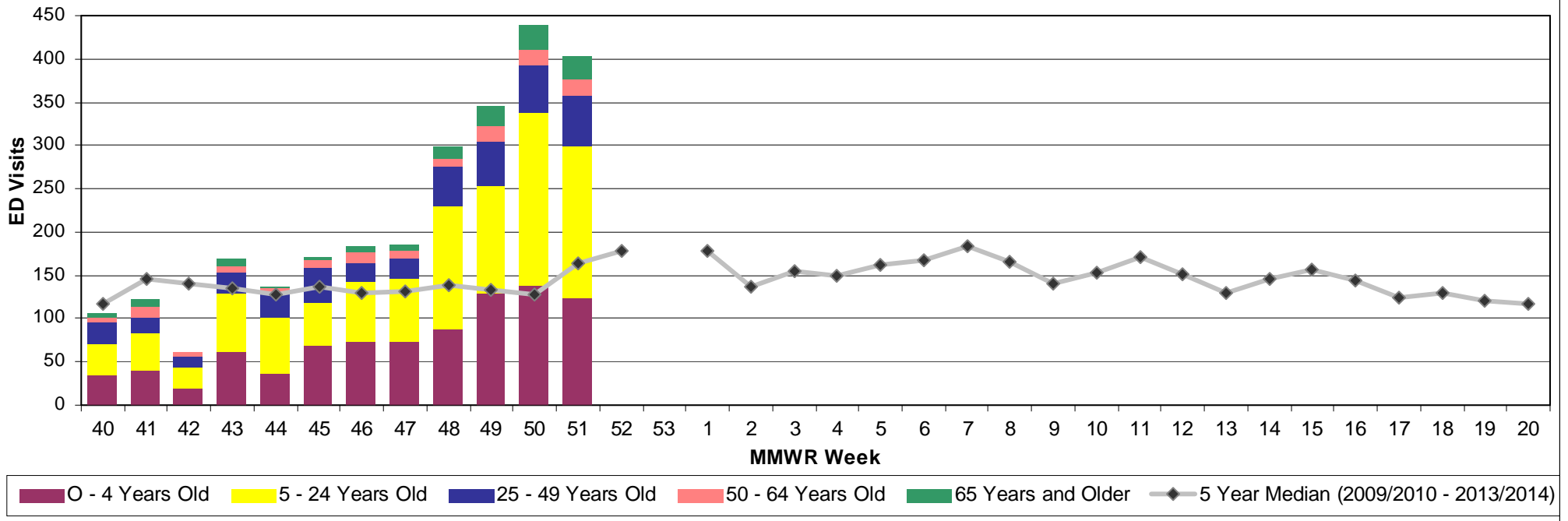
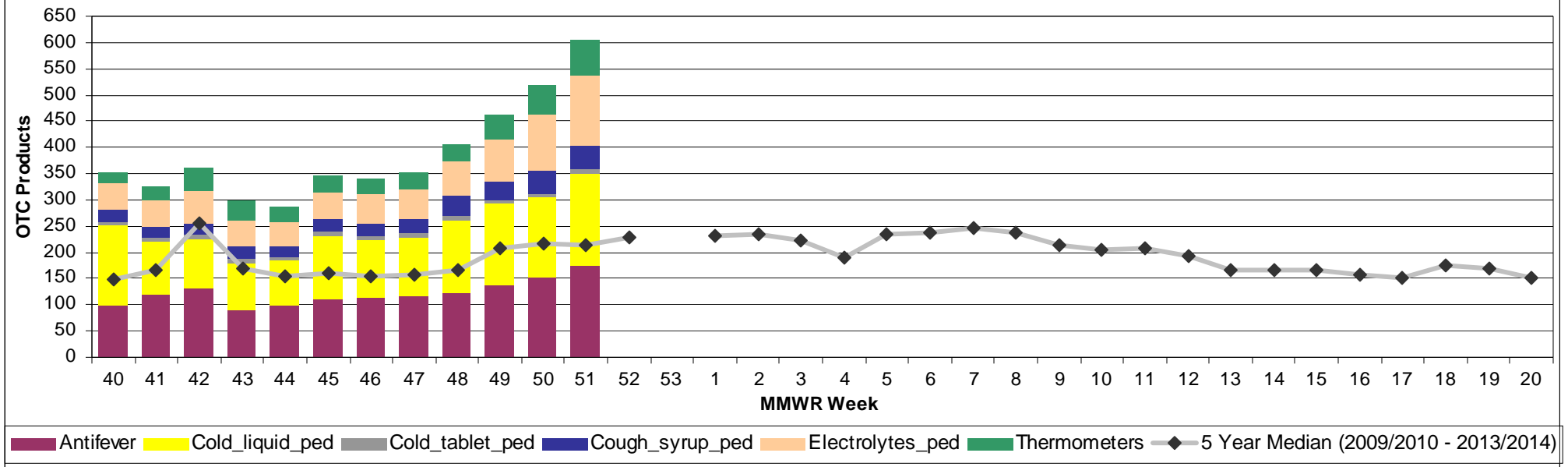


Figure 6. Comparison of Average Weekly OTC Products Sold in Cuyahoga County Drugstores



Sources of Influenza Surveillance Data

Six types of data sources are examined on a weekly basis to help determine the influenza activity level for Cuyahoga County:

- 1) **Ohio Department of Health (ODH) Seasonal Influenza Activity Summary** : The ODH influenza summary provides state-wide data . Data used from this report include: frequency of fever plus influenza-like illness (ILI) associated hospitalizations, number of influenza-associated pediatric mortalities, and number of lab-confirmed influenza cases.
 - A) **Influenza-associated Hospitalizations (ODRS)**: Influenza-associated hospitalizations are reported by the Cuyahoga County Board of Health (CCBH) and hospitals using the Ohio Disease Reporting System (ODRS). Hospitalizations can be used as an indicator of the severity of illness during a particular influenza season. This condition became reportable in January 2009.
 - B) **Influenza-associated Pediatric Mortality (ODRS)**: Influenza-associated pediatric mortalities are reported into ODRS by CCBH and hospital staff. Pediatric deaths can be an indicator of the severity of illness during the influenza season. This condition became reportable in 2005.
 - C) **Sentinel Providers (ILINet)**: Sentinel providers, through the US Influenza-like Illness Surveillance Network (ILINet), collect outpatient influenza-like illness (ILI) data. ILI is defined as a fever (> 100 F), **and** cough *and/or* sore throat without another known cause. Providers report the total number of patients seen, by age group, on a weekly basis. Sentinel providers also submit specimens for influenza testing to the ODH laboratory throughout the influenza season. There are 3 sentinel providers enrolled in Cuyahoga County for the 2014-2015 season.
 - D) **ODH Laboratory Surveillance**: The Ohio Department of Health Laboratory reports the number of specimens that test positive for influenza each week. Generally, specimens are submitted by sentinel provider participants. A subset of the positive specimens is sent to CDC for further testing during the season.
- 2) **Mortality Reporting System (Cleveland's Vital Statistics)**: Cleveland Vital Statistics office reports on deaths that occur in 55 of 59 municipalities in Cuyahoga County (excludes Lakewood, Bedford, Euclid, & Parma) regarding pneumonia & influenza.
- 3) **ILI data (athenahealth)** "ILI estimates are based on insurance claims diagnoses, documented in athenahealth's database. athenahealth is a healthcare technology and services company for electronic health records, medical billing, patient engagement, and care coordination."
- 4) **School Absenteeism data (due to illness and due to any reason)**: More than 50 Cuyahoga County schools provide absenteeism data for each Tuesday on the number children absent due to any illness or due to any reason as well as sentinel schools that report week absenteeism data.
- 5) **National Retail Data Monitor (NRDM)-OTC Drug Purchases**: The NRDM collects over-the-counter (OTC) drug sales information from Cuyahoga County chain drug stores and grocery stores. Pediatric cold products, antifever products, and thermometer sales are monitored on a weekly basis.
- 6) **Emergency Department Visits (EpiCenter)**: EpiCenter collects emergency department chief complaint data from hospitals and urgent care facilities across Cuyahoga County and classifies them into symptom and syndrome categories. Chief complaints regarding fever + ILI symptoms are analyzed.