

CUYAHOGA COUNTY BOARD OF HEALTH



The Aqua Girls: Patty, Olivia, Caroline, Audrey and Ava, helping with storm drain stenciling as a part of the Great Lakes Restoration Initiative.

Cover photo credit: Amy Roskilly

2013
ANNUAL REPORT

Message From the Board of Health

When I describe our agency to others, I always mention our *commitment to quality improvement*.

What does that mean? Let's take a look.

CCBH is a collection of 140 professionals who are committed to the cause of public health. Licensed, educated, experienced and working for you.

CCBH employees have access to continuing education in the field of public health as a part of their ongoing professional development. They also have access to academic assistance in working towards advanced degrees, which helps them to achieve their overall professional goals and better serve the community.

It is this commitment to continuous learning that makes CCBH your trusted source for public health information.

CCBH is committed to providing quality service that can only come from people with the proper knowledge, background and willingness to work together.

CCBH employees are working to improve our daily operations and our external program work in our communities through their commitment to Continuous Quality Improvement training sessions.

That is who we are; a team of dedicated professionals always learning and looking for ways to make the world of public health a better place for all of us.

Can we do it? Based on our *commitment to continuous quality improvement*, we will keep trying every day.



Terry Allan
Health Commissioner



Debbie L. Moss
Board President



Members of the Board

Standing left to right: James T. Gatt, Charles T. Riehl, Esq., Terry Allan, Health Commissioner & Board Secretary, Gregory L. Hall, M.D.

Sitting left to right: Debbie L. Moss, Esq., Ye-Fan Glavin, Ph.D.

Commitment

The state or quality of being dedicated to a cause or activity.

Continuous

Ongoing; subject to review.

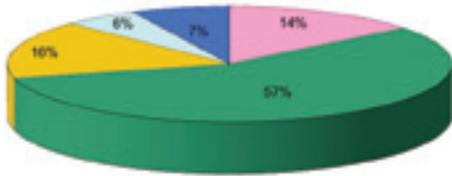
Quality

The standard of something as measured against other things of a similar kind; the degree of excellence of something.

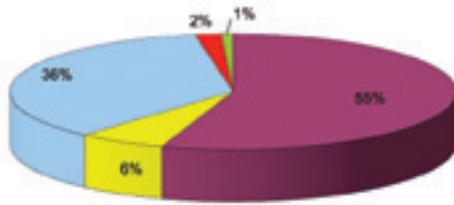
Improvement

The process of making something better.

2013 FINANCIAL OVERVIEW



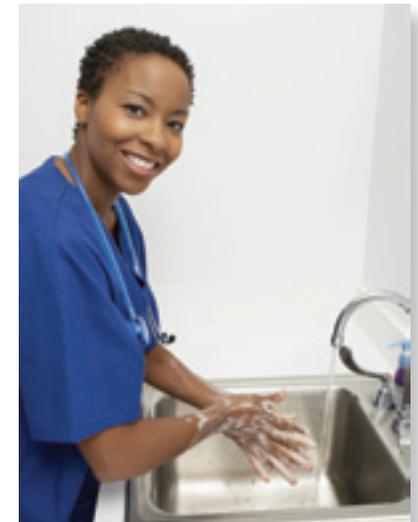
Revenue	In Dollars	Pct
City, Village, & Township	\$3,282,659	14%
Federal, State & Local Funds	12,966,781	57%
Licenses, Permits & Fees	3,744,759	16%
Charges for Services	1,262,221	6%
Other Receipts	1,647,746	7%
Total Revenue	\$22,904,166	100%



Expenditures	In Dollars	Pct
Personal Services	\$11,356,634	55%
Services & Charges	1,310,716	6%
Grants & Subcontracts for Services	7,355,957	36%
Supplies & Materials	384,770	2%
Capital Outlays	179,359	1%
Total Expenditures	\$20,587,436	100%

Our Valued Funders

- Asian Services in Action, Inc.
- Case Western Reserve University
- Center for Community Solutions
- City of Cleveland Department of Public Health
- Cleveland Clinic Foundation
- Cuyahoga County Solid Waste Management District
- Education Service Center of Cuyahoga County
- HandsOn Central Ohio
- Hudson Garden Club
- Mt. Sinai Health Care Foundation
- National Association of County and City Health Officials
- Northeast Ohio Affiliate of Susan G. Komen for the Cure
- Office of the Cuyahoga County Executive
- Ohio Dental Association
- Ohio Department of Health
- Ohio Environmental Education Fund
- Ohio Environmental Protection Agency
- Saint Luke's Foundation
- Sisters of Charity Foundation of Cleveland
- Starting Point
- State of Ohio Department of Education
- State of Ohio Department of Transportation
- Summit County Health District
- University of Wisconsin
- U.S. Department of Health and Human Services
- U.S. Department of Housing and Urban Development





Teach your children to always wash their fruits and vegetables before eating.

Our Farm to School program connects schools with providers of locally grown fruits and vegetables. This results in students and parents making healthier choices in the lunch line and at home.

We earned a 2013 Model Practice Award from the National Association of County and City Health Officials for our work with the South Euclid-Lyndhurst City School District.

FARM TO SCHOOL

Farm to School Program Details
www.ccbh.net/farm-to-school

Choose My Plate
www.choosemyplate.gov

Facts About Colorectal Cancer
www.cdc.gov/cancer/colorectal

March is Colorectal Cancer Awareness Month.

Call your doctor to get tested.

FEBRUARY 2014
S M T W T F S
1
2 3 4 5 6 7 8
9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28

MARCH 2014

APRIL 2014
S M T W T F S
1 2 3 4 5
6 7 8 9 10 11 12
13 14 15 16 17 18 19
20 21 22 23 24 25 26
27 28 29 30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
	←..... School Breakfast Week→					
9	10	11	12	13	14	15
Daylight Savings Time begins						
16	17	18	19	20	21	22
←.....		Poison Prevention Week			→
23	24	25	26	27	28	29
		Diabetes Alert Day				
30	31					

We Promote and Support Sustainable Practices.

**That means we want to see our resources
used in a responsible way.**

**Community gardens = Healthy food choices
Lead & mold removal = Improved air quality
Partnerships = Better land use
Stormwater management = Less pollution**

It's our job to make your world healthier.

EARTH DAY

Reduce, reuse and recycle every day. Celebrate Earth Day April 22.

MARCH 2014
 S M T W T F S
 1
 2 3 4 5 6 7 8
 9 10 11 12 13 14 15
 16 17 18 19 20 21 22
 23 24 25 26 27 28 29
 30 31

APRIL 2014

MAY 2014
 S M T W T F S
 1 2 3
 4 5 6 7 8 9 10
 11 12 13 14 15 16 17
 18 19 20 21 22 23 24
 25 26 27 28 29 30 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
	←.....Public Health Week.....→					
13	14	15	16	17	18	19
.....→		Passover begins				
20	21	22	23	24	25	26
Easter		Earth Day				
27	28	29	30			

A swimmer wearing a blue cap and goggles is swimming in a pool lane, viewed from above. The water is clear blue, and lane lines with yellow and blue floats are visible on either side of the swimmer.

**Every year, we inspect more than 600 pools and spas
that serve over 100,000 swimmers in 48 communities.**

**We work with our operators to protect
your health and safety.**

**Swim in approved areas only.
Don't swim when you have diarrhea.
Never swim alone.**

POOL SAFETY

Cuyahoga County Board of Health
www.ccbh.net/swimming-pool

National Swimming Pool Foundation
<http://nspf.org>

The Skin Cancer Foundation
www.skincancer.org

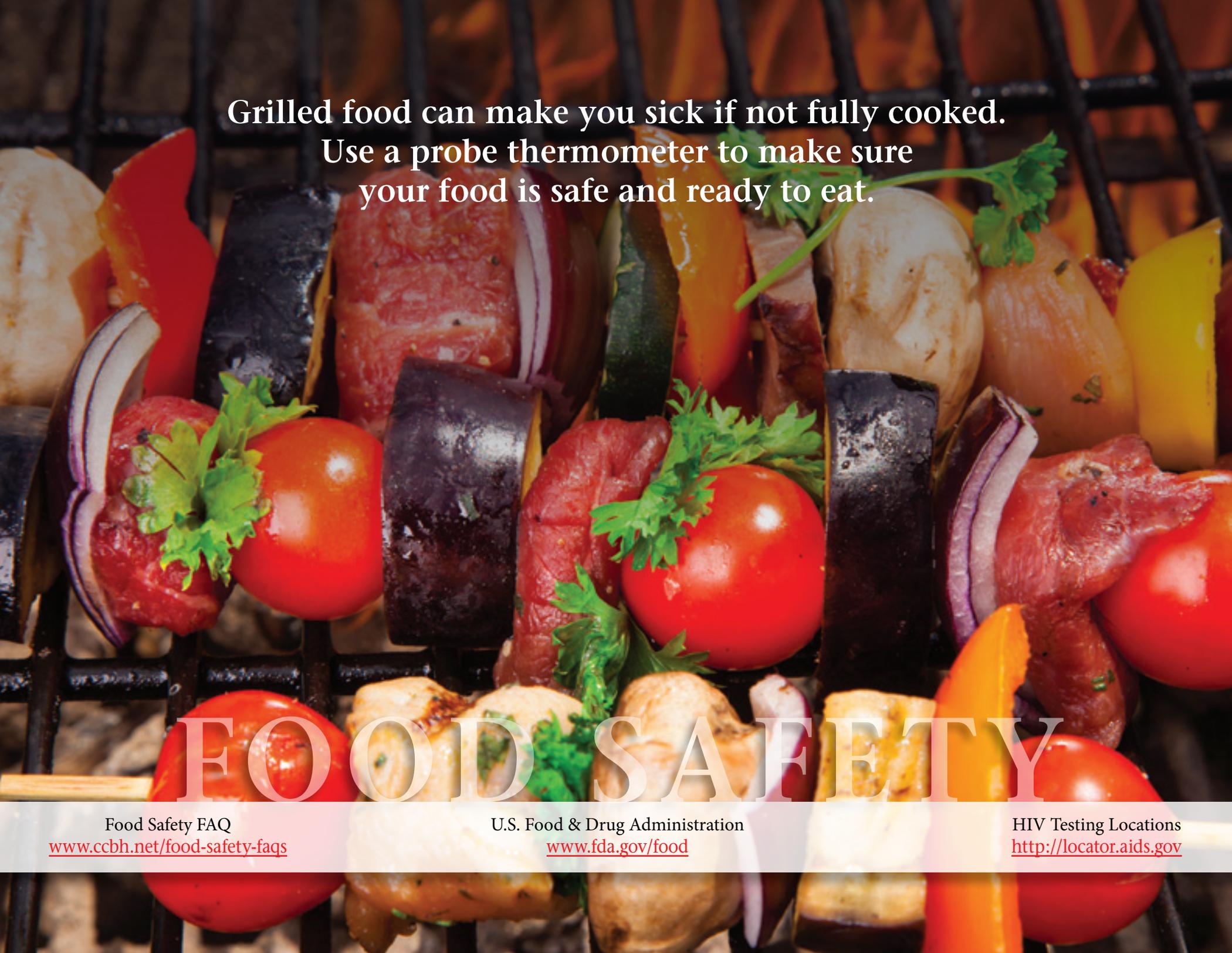
*Always use sunscreen when spending time in the sun.
An SPF level of 15 or higher is recommended.*

APRIL 2014
S M T W T F S
1 2 3 4 5
6 7 8 9 10 11 12
13 14 15 16 17 18 19
20 21 22 23 24 25 26
27 28 29 30

MAY 2014

JUNE 2014
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6 National Nurses Day	7 Bike to School Day	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23 Heat Safety Awareness Day	24
25	26 Memorial Day	27	28	29	30	31 World No Tobacco Day

A close-up photograph of various foods being grilled on a black metal grill. The items include skewers of salmon, mushrooms, and onions, as well as whole tomatoes, red and yellow bell peppers, and sliced onions. The food is sizzling and has a charred appearance. The background is dark and out of focus.

Grilled food can make you sick if not fully cooked.
Use a probe thermometer to make sure
your food is safe and ready to eat.

FOOD SAFETY

Food Safety FAQ
www.ccbh.net/food-safety-faqs

U.S. Food & Drug Administration
www.fda.gov/food

HIV Testing Locations
<http://locator.aids.gov>

*June 27 is National HIV Testing Day.
Contact us for a confidential test at 216-201-2041.*

MAY 2014
S M T W T F S
1 2 3
4 5 6 7 8 9 10
11 12 13 14 15 16 17
18 19 20 21 22 23 24
25 26 27 28 29 30 31

JUNE 2014

JULY 2014
S M T W T F S
1 2 3 4 5
6 7 8 9 10 11 12
13 14 15 16 17 18 19
20 21 22 23 24 25 26
27 28 29 30 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Cancer Survivor Day	2	3	4	5	6	7
8	9 ←	10	11	12	13	14 Flag Day
15 →	16	17	18	19	20	21
22	23	24	25	26	27 HIV Testing Day	28
29 Ramadan Starts	30					

During a Public Health Emergency

- We help local communities with planning and response efforts.
- We locate and pass out medicine and medical supplies.
- We coordinate the Cuyahoga County Medical Reserve Corps.
- We organize planning efforts with Ashtabula, Geauga, Lake, and Lorain County Health Departments.
- We advise you on how to prepare an emergency kit for your family with supplies such as batteries, food, water, and other important items.

Learn more about building your emergency kit at ccbh.net

EMERGENCIES

How to Build an Emergency Kit

www.ccbh.net/personal-and-family-preparedne

Fireworks Safety Information

<http://fireworkssafety.org>

Ready.gov

www.ready.gov

*Only adults should use fireworks.
Keep a bucket with water nearby.*

JUNE 2014
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30

JULY 2014

AUGUST 2014
S M T W T F S
1 2
3 4 5 6 7 8 9
10 11 12 13 14 15 16
17 18 19 20 21 22 23
24 25 26 27 28 29 30
31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 Independence Day	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Immunization Awareness Month

You can protect the life of your child and others by getting vaccines, or shots, at regular times.

Talk to your doctor or talk to us about your child's vaccine schedule.

Protecting the public from preventable disease is our job.

Call us at
216-201-2041
for help.

IMMUNIZATIONS

Immunization Action Plan
www.ccbh.net/immunization-action-plan

Immunization Clinics
www.ccbh.net/immunization-clinics

West Nile Virus/Mosquito Control
www.ccbh.net/mosquito-control

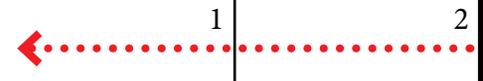
*Protect yourself against West Nile Virus.
Wear insect repellent when you go outdoors.*

JULY 2014
S M T W T F S
1 2 3 4 5
6 7 8 9 10 11 12
13 14 15 16 17 18 19
20 21 22 23 24 25 26
27 28 29 30 31

AUGUST 2014

SEPTEMBER 2014
S M T W T F S
1 2 3 4 5 6
7 8 9 10 11 12 13
14 15 16 17 18 19 20
21 22 23 24 25 26 27
28 29 30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



- Each year, CCBH sanitarians inspect more than 4,500 food service operations in 57 communities.
- Each day, we work together with our operators to help them maintain a level of quality and safety for the food you find in restaurants, cafeterias, grocery stores, nursing homes, daycares, festivals and other retail outlets.
- Over the past year, we have worked with the U.S. Department of Homeland Security and our local retail food community to develop ways to protect our food supply from harm.

This partnership will inform a nationwide strategy to fight food terrorism.

FOOD SAFETY

Food Protection Information
www.ccbh.net/food-protection

Cholesterol Education
www.cdc.gov/features/cholesterolawareness

Heart-Healthy Shopping List
www.health.gov/dietaryguidelines

*Too much cholesterol raises your risk for heart disease and stroke.
Know your numbers and talk with your doctor.*

AUGUST 2014
S M T W T F S
1 2
3 4 5 6 7 8 9
10 11 12 13 14 15 16
17 18 19 20 21 22 23
24 25 26 27 28 29 30
31

SEPTEMBER 2014

OCTOBER 2014
S M T W T F S
1 2 3 4
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28 29 30 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labor Day	2	3	4	5	6
7	8	9	10	11	12	13
 Suicide Prevention Week						
14	15	16	17	18	19	20
21	22	23	24	25	26	27 Family Health & Fitness Day
28	29	30				

Breast Cancer Awareness Month

CCBH is a partner in the Breast and Cervical Cancer Project, serving seven Northeast Ohio counties by providing screening services for women over 40 years of age.

Breast cancer caused 521,000 deaths worldwide in 2012.
How many of those people would have lived had they been tested?

To find out if you are eligible, please call 800-443-2168

BREAST CANCER

National Fire Protection Association
www.nfpa.org

Find out if you are eligible for screening online
www.ccbh.net/breast-cervical-project

*October 5 - 11 is National Fire Prevention Week.
Change your smoke alarm batteries every spring and fall.*

SEPTEMBER 2014
S M T W T F S
1 2 3 4 5 6
7 8 9 10 11 12 13
14 15 16 17 18 19 20
21 22 23 24 25 26 27
28 29 30

OCTOBER 2014

NOVEMBER 2014
S M T W T F S
1
2 3 4 5 6 7 8
9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28 29
30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
 National Fire Prevention Week Walk to School Day						
12	13	14	15	16	17	18
 School Lunch Week						
19	20	21	22	23	24	25
26	27	28	29	30	31 Halloween	

Lung Cancer Facts

- Lung cancer is the number one cause of cancer death.
- 87% of all lung cancer cases are due to smoking.
- Lung cancer caused by smoking is completely preventable.
- CCBH is proud to be a partner in Ohio's Smoke Free Workplace Act by regulating activity in Cuyahoga, Geauga and Portage counties since 2006.

**For help with
quitting smoking,
please call
1-800-QUIT-NOW.**

LUNG CANCER

Quit Smoking Info
www.healthy.ohio.gov

Lung Cancer Awareness Info
www.lung.org

*November 20 is The Great American Smokeout.
This is your chance to quit or help someone you know quit!*

OCTOBER 2014
S M T W T F S
1 2 3 4
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28 29 30 31

NOVEMBER 2014

DECEMBER 2014
S M T W T F S
1 2 3 4 5 6
7 8 9 10 11 12 13
14 15 16 17 18 19 20
21 22 23 24 25 26 27
28 29 30 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Daylight Savings Time ends	3	4 Election Day	5	6	7	8
9	10	11 Veterans Day	12	13	14	15
16	17	18	19	20 Great American Smokeout	21	22 Survivor of Suicide Day
23	24	25	26	27 Thanksgiving Day	28	29
30						



Schedule your flu shot
216-201-2041

Our epidemiologists and researchers track flu-related data such as:

- Emergency room visits for flu-like symptoms.
- Hospitalizations for flu-related illness.
- Absentee rates at local schools.
- Over-the-counter medication sales at pharmacies and drugstores.

This allows us to create an overview of local flu activity that is shared with health officials and the public on our website.

FLU SEASON

CCBH Clinic
www.ccbh.net/clinic-services

Local Flu Activity
www.ccbh.net/flu

*Hand Washing Awareness Week is December 7-13.
Wash your hands to keep yourself and others healthy.*

NOVEMBER 2014
S M T W T F S
1
2 3 4 5 6 7 8
9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28 29
30

DECEMBER 2014

JANUARY 2015
S M T W T F S
1 2 3
4 5 6 7 8 9 10
11 12 13 14 15 16 17
18 19 20 21 22 23 24
25 26 27 28 29 30 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
 Flu Vaccination Week						
14	15	16 Hanukkah begins	17	18	19	20
21	22	23	24	25 Christmas Day	26 Kwanzaa begins	27
28	29	30	31 New Years Eve			

Carbon monoxide (CO) is an invisible gas that has no color or scent. It kills people and causes serious illness.

If you don't prepare, you could die from CO poisoning in your own home.

- Buy a combination smoke alarm/CO detector and install it near the rooms where you sleep.
- Have your furnace checked every year.
- DO NOT use your fireplace without having the chimney inspected.
- DO NOT use your stove to heat your home.

Visit our website to learn about improving the air quality in your home.

ALERT

SMOKE

CO

INDOOR AIR QUALITY

Learn More About Indoor Air Quality
www.ccbh.net/indoor-air-quality

Stop Smoking
<http://www.lung.org/stop-smoking>

Healthy Homes
<http://www.ccbh.net/healthy-homes>

*January 18 - 24 is National Non-Smoking Week.
It's time to quit smoking.*

DECEMBER 2014
S M T W T F S
1 2 3 4 5 6
7 8 9 10 11 12 13
14 15 16 17 18 19 20
21 22 23 24 25 26 27
28 29 30 31

JANUARY 2015

FEBRUARY 2015
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Happy New Year	2	3
4	5	6	7	8	9	10
 Folic Acid Awareness Week						
11	12	13	14 Orthodox Christmas	15	16	17
			14 Orthodox New Year	15	16	17
18	19	20 Martin Luther King Day	21	22	23	24
25	26	27	28	29	30	31

**CCBH offers help to people in
14 Northeast Ohio counties who are low-income or without
dental insurance through the Dental Options program.**

Call us at 1-888-765-6789 to learn more.

**We work with local
schools to provide dental
sealants for 2nd and 6th
grade students.
Sealants keep food and
bacteria from causing
tooth decay.**

DENTAL HEALTH

American Dental Association
www.ada.org

Dental Options Program
www.ccbh.net/dental-options

American Heart Association
www.heart.org

*Quitting smoking and exercising for 30 minutes 5 times weekly
are two of the best ways to keep your heart healthy.*

JANUARY 2015
S M T W T F S
1 2 3
4 5 6 7 8 9 10
11 12 13 14 15 16 17
18 19 20 21 22 23 24
25 26 27 28 29 30 31

FEBRUARY 2015

MARCH 2015
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Groundhog Day	3	4	5	6 National Wear Red Day	7
8	9	10	11	12	13	14 Valentine's Day
15	16 Presidents' Day	17	18	19	20	21
22	23	24	25	26	27	28

Cuyahoga County General Health District

Serving Over 850,000 Residents in 57 Greater Cleveland Communities:

Bay Village
Beachwood
Bedford
Bedford Heights
Bentleyville
Berea
Bratenahl
Brecksville
Broadview Heights
Brooklyn
Brooklyn Heights
Brook Park
Chagrin Falls Township
Chagrin Falls Village

Cleveland Heights
Cuyahoga Heights
East Cleveland
Euclid
Fairview Park
Garfield Heights
Gates Mills
Glenwillow
Highland Heights
Highland Hills
Hunting Valley
Independence
Lakewood
Linndale
Lyndhurst

Maple Heights
Mayfield Heights
Mayfield Village
Middleburg Heights
Moreland Hills
Newburgh Heights
North Olmsted
North Randall
North Royalton
Oakwood Village
Olmsted Falls
Olmsted Township
Orange Village
Parma
Parma Heights

Pepper Pike
Richmond Heights
Rocky River
Seven Hills
Solon
South Euclid
Strongsville
University Heights
Valley View
Walton Hills
Warrensville Heights
Westlake
Woodmere

CUYAHOGA COUNTY

BOARD OF HEALTH

YOUR TRUSTED SOURCE FOR PUBLIC HEALTH INFORMATION

5550 Venture Drive | Parma, Ohio 44130

PHONE: 216-201-2000 | FAX: 216-676-1311 | TTY: 216-676-1313



www.facebook.com/ccbh.net



www.twitter.com/CCBH_Net