CUYAHOGA COUNTY BOARD OF HEALTH YOUR TRUSTED SOURCE FOR PUBLIC HEALTH INFORMATION

AUGUST 30, 2017

The Cuyahoga County Board of Health (CCBH) has been notified by the Ohio Department of Health (ODH) that a Parma resident has been confirmed with a case of West Nile Virus (WNV). Four other probable WNV human cases have appeared in Ohio during 2017.

It is not unusual for infected mosquitoes and human cases of WNV to be identified at this time of year. Infected mosquitoes have been trapped in several communities in Cuyahoga County and in at least 29 other Ohio counties. The mosquito WNV infection rate is moderate this year and residents are urged to take precautions, especially with outdoor activities over the upcoming Labor Day weekend. Everyone should be using insect repellent to avoid mosquito bites.

GUIDELINES FOR PREVENTING MOSQUITO ACTIVITY AND REDUCING HUMAN EXPOSURE:

- Clean, drain and cover pools or hot tubs if not in use
- Dispose of containers that collect water such as buckets, scrap tires, cans, and flower pots
- Eliminate areas of standing water
- Empty and refill bird baths at least once a week
- Fill tree holes with tar or cement
- Keep children indoors during times of peak mosquito activity one hour before and one hour after sunset
- Repair leaky outdoor faucets that leave puddles
- Tightly screen all openings of your home
- Unclog all gutters and drains
- Use insect repellent on both skin and clothing. Repellents should contain DEET, picaridin or lemon eucalyptus oil for skin, and permethrin for clothing. Follow label directions
- Wear light-colored clothing that covers arms and legs

* People with symptoms – including high fever, headaches, muscle aches, vomiting and loss of appetite – for two to fifteen days after a mosquito bite should seek medical attention.

Visit the Ohio Department of Health's website at <u>http://www.odh.ohio.gov/wnv</u> for more information.

CONTACTS

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