# **Time In Lieu Of Temperature**

A method used to hold TCS food items without heat or mechanical refrigeration in the temperature danger zone between 41°F and 135°F.

Time limits ensure that the food is discarded promptly to prevent foodborne illness.

### **COLD FOODS**

When TCS foods are removed from refrigeration they can be held without temperature control for up to

6 hours if it never exceeds 70 degrees and then must be discarded

### **HOT FOODS**

Once hot foods are removed from a heat source of at least 135°F, they can be held without temperature control for up to **4 hours** and then must be discarded.

#### **Requirements for TILT:**

- The food operation must be licensed as a risk class IV
- The facility must have a written plan in place for using TILT
- The TILT products must be time stamped or recorded on a time chart to ensure proper discard

# CUYAHOGA COUNTY BOARD OF HEALTH

YOUR TRUSTED SOURCE FOR PUBLIC HEALTH INFORMATION

## **SAMPLE TILT POLICIES**

## **Policy for Holding Cold Food Using TILT**

Document the date, type of food, and time when food is removed from refrigeration. For each hour food is held out of refrigeration, it should be monitored.

If food temperature never exceeds 70°F, it can be held for up to 6 hours and then discarded.

| Date:                                   |   |
|---|---|
| Food Product:                           |   |
| Time food is removed from refrigeration | _ |
| Time food should be discarded:          |   |

| Food Product   |    | Hour/Time | Temperature | Employee |
|----------------|----|-----------|-------------|----------|
| Coffee Creamer | 1: | 3:20PM    | 58°F        | Mark H.  |
| Coffee Creamer | 2: | 4:10PM    | 7-2°F       | Mark H.  |
|                | 3: |           |             |          |
|                | 4: |           |             |          |
|                | 5: |           |             |          |
|                | 6: |           |             |          |

## **Policy for Holding Hot Food Using TILT**

Document the date, type of food, and time when food is removed from hot holding. Also document the four hour discard time for the hot food.

| Date: 4/21/16                           |          |
|---|----------|
| Food Product: Pízza                     |          |
| Time food is removed from hot holding:_ | 12:26PM_ |
| Time food should be discarded:          | 4:15PM   |