# Leukemia

**Definition**: Leukemia is a cancer of the bone marrow and blood. 1 It is characterized by uncontrolled accumulation of blood cells that are usually non-functioning.<sup>1</sup>

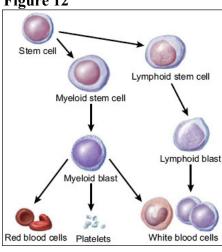
**Background:** From 2002 to 2006, there was a yearly average of approximately 1,338 newly diagnosed cases of leukemia in Ohio.<sup>2</sup> During this same time period, Ohio experienced approximately 943 deaths each year due to leukemia.<sup>2</sup>

Leukemia consists of four categories: 1 Acute Myelogenous Leukemia (AML) Acute Lymphocytic Leukemia (ALL) Chronic Myelogenous Leukemia (CML) Chronic Lymphocytic Leukemia (CLL)

Acute leukemias progress very rapidly, while chronic leukemias progress at a slower rate.<sup>3</sup> Acute leukemia cells cannot mature properly and they continue to reproduce and build up in the blood and bone marrow.<sup>3</sup>

Chronic leukemia cells can mature partly, but not completely, and survive longer causing a build up and crowding out of normal cells.<sup>3</sup> These cells are unable to function normally and fight infection.<sup>3</sup>

Figure 12



### **Cuyahoga County Data:**

- The average annual number of newly diagnosed leukemia cases from 2002-2006 was 188, with an age-adjusted incidence rate of **11.8** per 100,000 people.
- This is **higher** than the **11.1** incidence rate for Ohio and lower than the 12.2 incidence rate for the Nation.
- The average annual number of leukemia deaths from 2002-2006 was 127, with an age-adjusted mortality rate of 7.7 per 100,000 people.
- This is **the same as** the **7.7** mortality rate for Ohio and higher than the 7.3 mortality rate for the Nation.

Table 12a Leukemia

Average Annual Number of Cancer Cases and Age-Adjusted Incidence Rates\* for 2002-2006

Incidence	Male		Female		Total	
	Cases	Rate	Cases	Rate	Cases	Rate
<b>Cuyahoga County</b>	103	15.9	84	9.2	188	11.8
Ohio	735	14.0	604	8.9	1,338	11.1
National SEER		15.8		9.5		12.2

<sup>\*</sup>Rate is calculated per 100,000 people.

Table 12b Leukemia

Average Annual Number of Cancer Deaths and Age-adjusted Mortality Rates\* for 2002-2006

Mortality	Male		Female		Total	
	Cases	Rate	Cases	Rate	Cases	Rate
<b>Cuyahoga County</b>	69	10.8	58	5.8	127	7.7
Ohio	517	10.3	426	5.9	943	7.7
National SEER		9.8		5.5		7.3

<sup>\*</sup> Rate is calculated per 100,000 people.

Figure 12a

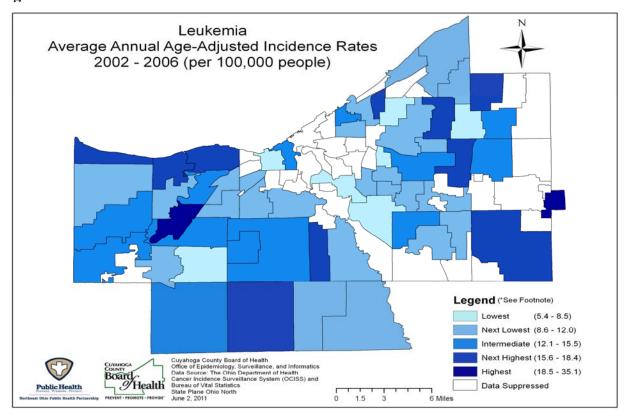
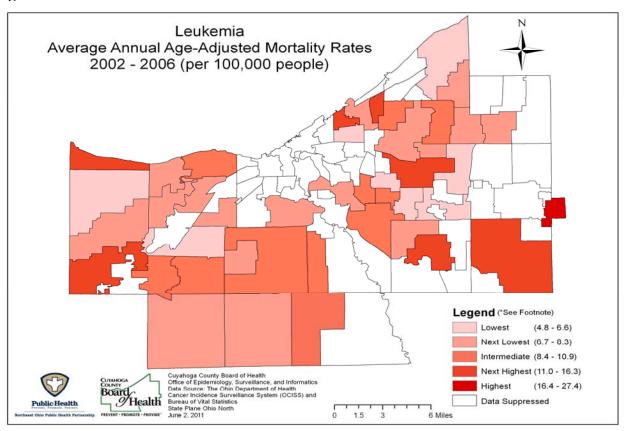
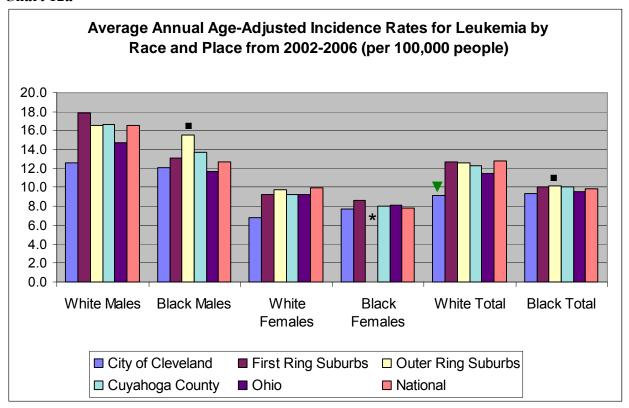


Figure 12b

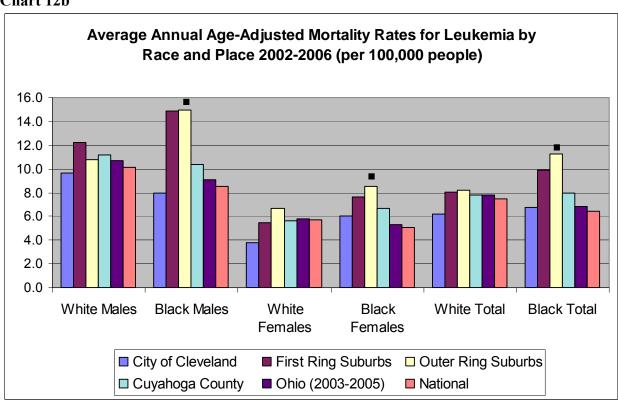


<sup>\*</sup>Data were suppressed to help maintain confidentiality and /or due to concerns over unstable numbers. See methods/limitations section for additional details.

#### Chart 12a



#### Chart 12b



- ▲ Rates are statistically significantly higher when compared to Cuyahoga County.
- ▼ Rates are statistically significantly lower when compared to Cuyahoga County.
- Rates are not compared to Cuyahoga County when there are <20 cases total for 2002-2006 due to instability.

<sup>\*</sup>Data were suppressed to help maintain confidentiality and /or due to concerns over unstable numbers. See methods/limitations section for additional details.

## **Risk Factors**

Males: In the United States, 1 in 66 males will <u>develop</u> leukemia and 1 in 100 males will <u>die</u> from leukemia.<sup>4</sup>

**Females**: In the United States, 1 in 91 females will <u>develop</u> leukemia and 1 in 141 females will <u>die</u> from leukemia.<sup>4</sup>

Several risk factors may contribute to the development of leukemia. They include: <sup>5</sup>

- Radiation
- Smoking
- Chemical exposure
  - o Benzene
- Chemotherapy
- Down syndrome
- Myelodysplastic syndrome
- Human T-cell leukemia virus type I (HTLV-I)
- Family history of leukemia

# Symptoms<sup>5</sup>

- Swollen lymph nodes that are usually not painful
- Fevers or night sweats
- Frequent infections
- Feeling weak or tired
- Bleeding and bruising easily
- Swelling or discomfort in the abdomen
- Weight loss for no known reason
- Pain in the bones or joints

# Screening, Prevention and Early Detection<sup>3</sup>

### **Screening:**

There are no recommend screening tests for leukemia. Any symptoms should be discussed with a physician to determine the cause.

Chronic lymphocytic leukemia and chronic myelocytic leukemia may occasionally be found during a routine blood test, but is not currently used as a screening method for these leukemias.

## **Prevention:**

There is currently no well-documented way to prevent most cases of leukemia.

5-year Relative Survival* for Leukemia in the United States for 1999-2006, All Races, Both Sexes <sup>6</sup>				
Race/Gender	5-year Relative Survival (%)			
White Males	54.6			
White Females	54.2			
Black Males	46.8			
Black Females	46.2			
Overall Survival Rate	54.1			

<sup>\*</sup>Relative survival compares observed survival for those with cancer to the expected survival for those without cancer.

## **More Information**

National Cancer Institute <a href="http://www.cancer.gov/">http://www.cancer.gov/</a> American Cancer Society <a href="http://www.cancer.org">http://www.cancer.org</a> Ohio Department of Health <a href="http://www.odh.ohio.gov/">http://www.odh.ohio.gov/</a>

#### Resources

- 1. The Leukemia and Lymphoma Society. Leukemia. <a href="http://www.leukemia-lymphoma.org/all\_page?item\_id=7026">http://www.leukemia-lymphoma.org/all\_page?item\_id=7026</a>. (Accessed January 3, 2011).
- Cancer Incidence and Mortality among Ohio Residents, 2002-2006. Ohio Cancer Incidence Surveillance System, Ohio Department of Health and The Ohio State University, Columbus, Ohio, December 2009. <a href="http://www.odh.ohio.gov/ASSETS/79F9E92E210F477D885F8EAC864E2F27/0206Monograph\_Final.pdf">http://www.odh.ohio.gov/ASSETS/79F9E92E210F477D885F8EAC864E2F27/0206Monograph\_Final.pdf</a>.
- 3. The American Cancer Society. Leukemia- Acute Lymphocytic Detailed Guide. <a href="http://www.cancer.org/Cancer/Leukemia-AcuteLymphocyticALLinAdults/DetailedGuide/index">http://www.cancer.org/Cancer/Leukemia-AcuteLymphocyticALLinAdults/DetailedGuide/index</a>. (Accessed January 3, 2011).
- 4. The American Cancer Society. Lifetime Risk of Developing or Dying From Cancer. <a href="http://www.cancer.org/Cancer/CancerBasics/lifetime-probability-of-developing-or-dying-from-cancer">http://www.cancer.org/Cancer/CancerBasics/lifetime-probability-of-developing-or-dying-from-cancer</a>. (Accessed January 3, 2011).
- 5. National Cancer Institute. What you need to know about leukemia. <a href="http://www.cancer.gov/cancertopics/wyntk/leukemia">http://www.cancer.gov/cancertopics/wyntk/leukemia</a>. (Accessed January 3, 2011).
- 6. Surveillance Epidemiology and End Results. SEER Stat Fact Sheets: Leukemia. <a href="http://seer.cancer.gov/statfacts/html/leuks.html">http://seer.cancer.gov/statfacts/html/leuks.html</a>. (Accessed January 3, 2011).
- 7. National Cancer Institute. What you need to know about leukemia. Leukemia images from <a href="http://www.cancer.gov/cancertopics/wyntk/leukemia/page2">http://www.cancer.gov/cancertopics/wyntk/leukemia/page2</a>. (Accessed January 3, 2011).

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