

8th Annual 5 K Run / 1 Mile Walk

# Run for Your Life!™

Promoting Increased Physical Activity For Children

**Date: April 14<sup>th</sup>, 2012**

**Start Time 9:00 a.m.**

**Pre-register by: April 4th**

The race begins at the County Fairgrounds in Berea, just west of the Bagley Road exit off I-71. For directions, visit [www.ccbh.net](http://www.ccbh.net) (click on "Run For Your Life") or call (216)201-2000.

**Pre-registration includes t-shirt  
gift bags, and refreshments**

**RACE DAY T-SHIRTS  
WHILE SUPPLY LASTS**

**Pre-Registration / No Refunds**

\* **Adults 5K or 1 mile** \$15 / \$20 Day of race  
**Children (14 & Under)** \$10 / \$15 Day of Race



Sponsored by:



### 5K Race Awards

Prizes will be awarded to top 3 overall female & male AND top 3 female & male in each age group

Please make check payable to:

(Circle One)

Hermes Sports & Events, 1624 St. Clair Ave., Cleveland, Ohio 44114

5 K

For more info, call (216) 623-9933 or register on-line at [www.hermescleveland.com](http://www.hermescleveland.com).

1 Mile



Name		Street Address			
City	State	Zip	Date of Birth	E-Mail	
Gender	Age on Race Day	Phone	Child M	T-shirt Sizes S M L XL XXL	Adult
School District	CCBH Employee ? Yes/No	Silver Sneakers Member ? Yes/No	YMCA Member ? Yes/No		

In consideration of your accepting this entry, I hereby for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against the Cuyahoga County Board of Health, The YMCA, Hermes Sports & Events, City of Berea, Cuyahoga County Agricultural Society, their representatives, successors, and assigns for any and all injuries suffered by me in said event or in transit to and from said event. I further attest that I am physically fit and have sufficiently prepared for this event. I will additionally permit the use of my name and/or pictures in the Cuyahoga County Board of Health's publications.

Signature

Date

Signature of parent or guardian if under 18

Date